



Post Treatment Instructions For Brows

1a). The first 30 minutes following your appointment are crucial in the effort to achieve only minimal scabbing. Your aftercare bag contains sterile gauze to “blot” the brows to absorb any minimal bleeding or clear fluid beading up that would eventually dry and cause unnecessary additional scabbing. First press and lift with wet gauze and then gently continue with dry. Do this about every 10 minutes for 30-45 minutes until gauze comes clean after blotting.

1b). We recommend ice packs be applied for 10–15 minutes for the next hour if needed. The ice is used to minimize swelling and provide comfort. Please use dry ice packs or create your own with a zip-lock bag making sure the ice itself is not touching the area and irrigating the new pigment. In your aftercare bag, you will find several packets of Aquaphor. Your brows should dry heal for 3-4 hours before applying your first round of Aquaphor. Tylenol is also recommended for temporary pain relief as well.

2. Apply a very THIN layer of Aquaphor to the treatment area 2–3 times per day for 3-5 days, or whenever the area feels dry. Keeping the area moist is important for color retention. Be sure not to “over” apply the gel as too much can inhibit the natural healing process or cause the pigment to bleed and the single crisp brow “strokes” will become more of a blended air- brushed look.

3. Stay out of the sun! If you must be out and about, wear a hat and sunscreen.

4. Keep water off of your brows for at least 24 hours and when you do eventually shower avoid putting your face directly under the shower head.

5. Do not use any face creams, exfoliants, or harsh cleansers on your brows during the healing process. We recommend using Cetaphil gentle cleanser as your facial cleanser for the next 2 weeks and again after your touch-up.

6. Normal activity can be resumed immediately. We recommend that heavy exercise such as aerobic exercise, weight lifting, etc. be delayed for approximately two to three days following

All Things Vain Medi Spa

9552 Park Meadows Drive, Suite 200, Lone Tree, CO 80124 (720) 630-7790 |
www.lonetreemedispa.com

All Things Vain medi spa

the procedure. Sweat on the brow area while it's still healing can literally change your pigment color due to the salt in our perspiration. What was once a beautiful, creamy, chocolate color can become an ugly ash or gray, so please avoid sweating during your healing process.

7. Your procedure will begin to oxidize immediately and during the next 3–4 days, this will cause pigment to become darker. Do not be alarmed, this dark color will either flake off or fade back to the color that was first implanted (during the 1st 5 minutes of the procedure).

8. DO NOT pick any scabs or dry areas that may form during the healing process. This may cause you to lose color or even permanently damage your skin. Instead, apply some of the gel that your technician gave you after the procedure.

9. Some fading or loss of pigment will occur. This is part of the skin's natural healing process so do not be alarmed. Over the next 2-3 weeks, the pigment intensity will lighten by up to 50%. Your Technician will have you schedule a follow-up appointment with our receptionist to make sure any faded areas are touched up and everything is healing properly.

Please refer to the next 2 pages of information, including little emojis that will help you remain calm and patient during the healing & recovery process. You will eventually love your brows but please remember we are dealing with skin so it takes up to 4 weeks and 2 appointments to achieve the best and final result.

All Things Vain Medi Spa

9552 Park Meadows Drive, Suite 200, Lone Tree, CO 80124 (720) 630-7790 |
www.lonetreemedispa.com